




SUN	MON	TUE	WED	THUR	FRI	SAT	
9:30 AM Coffee With a View (Gallery) 9:30 AM Trip to Church (Sign-Up) 10:00 AM Virtual Church (Aud) 10:00 AM Weekend Virtual Fitness Program (Gym) 2:00 PM Multi-Generational- Live Entertainment (Aud) 7:15 PM Open Game Night (GR)	<b>31</b> <b>LOCATION KEY</b> Aud - Auditorium GR - Greylock Room Gym - Gym LR - Living Room Patio - Patio PDR - Private Dining Room Sign-Up - Sign-Up with Reception Gallery - The View Gallery				9:30 AM Coffee With a View (Gallery) 1:15 PM Book Club Movie (Aud) 4:00 PM Happy Hour (Aud) 5:00 PM Shabbat Candles (LR) 7:15 PM Open Game Night (GR)	<b>1</b> 9:30 AM Coffee With a View (Gallery) 10:00 AM Weekend Virtual Fitness Program (Gym) 12:15 PM Trip to The Clark- Met Opera in HD (Sign-Up) 2:00 PM Before Dinner Movie (Aud) 7:15 PM Open Game Night (GR)	
9:30 AM Coffee With a View (Gallery) 9:30 AM Trip to Church (Sign-Up) 10:00 AM Virtual Church (Aud) 10:00 AM Weekend Virtual Fitness Program (Gym) 2:00 PM After Dinner Movie (Aud) 7:15 PM Open Game Night (GR)	<b>3</b> 9:30 AM Coffee With a View (Gallery) 10:00 AM Strength Training (Gym) 10:00 AM Trip to Town (Sign-Up) 2:00 PM Group Sing (Aud) 4:00 PM Happy Hour (Aud) 7:15 PM Open Game Night (GR)	<b>4</b> 9:30 AM Coffee With a View (Gallery) 10:00 AM Strength Training (Gym) 10:00 AM Trip to Town (Sign-Up) 2:00 PM Group Sing (Aud) 4:00 PM Happy Hour (Aud) 7:15 PM Open Game Night (GR)	<b>5</b> 9:30 AM Coffee With a View (Gallery) 10:00 AM Strength Training (Gym) 2:00 PM Lifelong Learning (Aud) 7:15 PM Open Game Night (GR)	<b>6</b> 9:30 AM Coffee With a View (Gallery) 10:00 AM Strength Training (Gym) 1:00 PM Tech Help with Janice (Sign-up in book by Salon) 4:00 PM Happy Hour (Aud) 7:15 PM Open Game Night (GR)	<b>7</b> 9:30 AM Coffee With a View (Gallery) 10:00 AM Shopping Trip (Sign-Up) 10:00 AM Strength Training (Gym) 11:15 AM "Sweet Flowers" 2:00 PM Resident Council Officer's Meeting (PDR) 3:00 PM Root Beer Floats (LR) 7:15 PM Open Game Night (GR)	<b>8</b> 9:30 AM Coffee With a View (Gallery) 10:00 AM Parkinson's Support Fitness Class (Gym) 2:00 PM Multi-Generational (Greenhouse) 4:00 PM Happy Hour (Aud) 5:00 PM Shabbat Candles (LR) 7:15 PM Open Game Night (GR)	<b>9</b> 9:30 AM Coffee With a View (Gallery) 10:00 AM Weekend Virtual Fitness Program (Gym) 2:00 PM Before Dinner Movie (Aud) 7:15 PM Open Game Night (GR)
<b>Mother's Day</b> 9:30 AM Coffee With a View (Gallery) 9:30 AM Trip to Church (Sign-Up) 10:00 AM Virtual Church (Aud) 10:00 AM Weekend Virtual Fitness Program (Gym) 2:00 PM Multi-Generational- Live Entertainment (Aud) 7:15 PM Open Game Night (GR)	<b>10</b> 9:30 AM Coffee With a View (Gallery) 10:00 AM Strength Training (Gym) 10:00 AM Trip to Town (Sign-Up) 2:30 PM Rhythm and Move with Chuck (GR) 4:00 PM Happy Hour (Aud) 7:15 PM Open Game Night (GR)	<b>11</b> 9:30 AM Coffee With a View (Gallery) 10:00 AM Strength Training (Gym) 10:00 AM Trip to Town (Sign-Up) 2:30 PM Rhythm and Move with Chuck (GR) 4:00 PM Happy Hour (Aud) 7:15 PM Open Game Night (GR)	<b>12</b> 9:30 AM Coffee With a View (Gallery) 10:00 AM Salon Hours (Sweetwood Salon) 10:00 AM Strength Training (Gym) 2:00 PM Resident Association Meeting (Aud) 7:15 PM Poker (GR)	<b>13</b> 9:30 AM Coffee With a View (Gallery) 10:00 AM Strength Training (Gym) 11:15 AM Resident's with Parkinson's Support Group (PDR) 1:00 PM Tech Help with Janice (Sign-up in book by Salon) 2:00 PM Multi-Generational- Live Entertainment (Aud) 4:00 PM Happy Hour (Aud) 7:15 PM Open Game Night (GR)	<b>14</b> 9:30 AM Coffee With a View (Gallery) 10:00 AM Shopping Trip (Sign-Up) 10:00 AM Strength Training (Gym) 11:15 AM "Sweet Flowers" 2:00 PM Met Opera (Aud) 3:00 PM Root Beer Floats (LR) 7:15 PM Open Game Night (GR)	<b>15</b> 9:30 AM Coffee With a View (Gallery) 10:00 AM Parkinson's Support Fitness Class (Gym) 2:00 PM Lifelong Learning (Aud) 4:00 PM Happy Hour (Aud) 5:00 PM Shabbat Candles (LR) 7:15 PM Open Game Night (GR)	<b>16</b> 9:30 AM Coffee With a View (Gallery) 10:00 AM Weekend Virtual Fitness Program (Gym) 2:00 PM Lifelong Learning (Aud) 7:15 PM Open Game Night (GR)
9:30 AM Coffee With a View (Gallery) 9:30 AM Trip to Church (Sign-Up) 10:00 AM Virtual Church (Aud) 10:00 AM Weekend Virtual Fitness Program (Gym) 2:00 PM After Dinner Movie (Aud) 7:15 PM Open Game Night (GR)	<b>17</b> 9:30 AM Coffee With a View (Gallery) 10:00 AM Strength Training (Gym) 10:00 AM Trip to Town (Sign-Up) 2:00 PM Group Sing (Aud) 4:00 PM Happy Hour (Aud) 7:15 PM Open Game Night (GR)	<b>18</b> 9:30 AM Coffee With a View (Gallery) 10:00 AM Strength Training (Gym) 10:00 AM Trip to Town (Sign-Up) 2:00 PM Group Sing (Aud) 4:00 PM Happy Hour (Aud) 7:15 PM Open Game Night (GR)	<b>19</b> 9:30 AM Coffee With a View (Gallery) 10:00 AM Salon Hours (Sweetwood Salon) 10:00 AM Strength Training (Gym) 2:00 PM Ukulele with Al Devereaux (LR) 7:15 PM Open Game Night (GR)	<b>20</b> 9:30 AM Coffee With a View (Gallery) 10:00 AM Strength Training (Gym) 11:30 AM In-Person Episcopal Church Service (PDR) 1:00 PM Tech Help with Janice (Sign-up in book by Salon) 2:00 PM Multi-Generational (Student Photography Show Series) 4:00 PM Happy Hour (Aud) 7:15 PM Open Game Night (GR)	<b>21</b> 9:30 AM Coffee With a View (Gallery) 10:00 AM Shopping Trip (Sign-Up) 10:00 AM Strength Training (Gym) 11:00 AM Memory Cafe (Aud) 11:15 AM "Sweet Flowers" 3:00 PM Root Beer Floats (LR) 7:15 PM Open Game Night (GR)	<b>22</b> 9:30 AM Coffee With a View (Gallery) 10:00 AM Parkinson's Support Fitness Class (Gym) 1:15 PM Movie Club (Aud) 4:00 PM Happy Hour (Aud) 5:00 PM Shabbat Candles (LR) 7:15 PM Open Game Night (GR)	<b>23</b> 9:30 AM Coffee With a View (Gallery) 10:00 AM Weekend Virtual Fitness Program (Gym) 2:00 PM Before Dinner Movie (Aud) 6:15 PM Trip to Norther Berkshire Chorale (Sign-Up) 7:15 PM Open Game Night (GR)
9:30 AM Coffee With a View (Gallery) 9:30 AM Trip to Church (Sign-Up) 10:00 AM Virtual Church (Aud) 10:00 AM Weekend Virtual Fitness Program (Gym) 2:00 PM After Dinner Movie (Aud) 7:15 PM Open Game Night (GR)	<b>24</b> <b>Memorial Day</b> 9:30 AM Coffee With a View (Gallery) 10:00 AM Strength Training (Gym) 10:00 AM Trip to Town (Sign-Up) 12:00 PM Memorial Day BBQ (Patio) 2:00 PM Lifelong Learning (Aud) 7:15 PM Open Game Night (GR)	<b>25</b> 9:30 AM Coffee With a View (Gallery) 10:00 AM Strength Training (Gym) 10:00 AM Trip to Town (Sign-Up) 12:00 PM Memorial Day BBQ (Patio) 2:00 PM Lifelong Learning (Aud) 7:15 PM Open Game Night (GR)	<b>26</b> 9:30 AM Coffee With a View (Gallery) 10:00 AM Salon Hours (Sweetwood Salon) 10:00 AM Strength Training (Gym) 1:30 PM Multi-Generational (Aud) 7:15 PM Poker (GR)	<b>27</b> 9:30 AM Coffee With a View (Gallery) 10:00 AM Strength Training (Gym) 1:00 PM Tech Help with Janice (Sign-up in book by Salon) 2:00 PM Table Topic Talks (Aud) 4:00 PM Happy Hour (Aud) 7:15 PM Open Game Night (GR)	<b>28</b> 9:30 AM Coffee With a View (Gallery) 10:00 AM Shopping Trip (Sign-Up) 10:00 AM Strength Training (Gym) 11:15 AM "Sweet Flowers" 2:00 PM Book Club (PDR) 3:00 PM Root Beer Floats (LR) 7:15 PM Open Game Night (GR)	<b>29</b> 9:30 AM Coffee With a View (Gallery) 10:00 AM Parkinson's Support Fitness Class (Gym) 4:00 PM Happy Hour (Aud) 5:00 PM Shabbat Candles (LR) 7:15 PM Open Game Night (GR)	<b>30</b> 9:30 AM Coffee With a View (Gallery) 10:00 AM Weekend Virtual Fitness Program (Gym) 2:00 PM Before Dinner Movie (Aud) 7:15 PM Open Game Night (GR)

# May 2026

Activities are subject to change.

**SWEETWOOD**  
 OF WILLIAMSTOWN  
 INDEPENDENT LIVING COMMUNITY

