# March 2026

| SUN | MON | TUE | WED | THUR | FRI | SAT |
|---|---|---|---|---|---|---|
| **1**<br>9:30 AM Coffee With a View (Gallery)<br>9:30 AM Trip to Church (Sign-Up)<br>10:00 AM Virtual Church (Aud)<br>10:00 AM Weekend Virtual Fitness Program (Gym)<br>2:00 PM After Dinner Movie (Aud)<br>7:15 PM Open Game Night (GR) | **2**<br>9:30 AM Coffee With a View (Gallery)<br>10:00 AM Strength Training (Gym)<br>10:00 AM Trip to Town (Sign-Up)<br>2:00 PM Virtual Entertainment (Aud)<br>4:00 PM Happy Hour (Aud)<br>7:15 PM Open Game Night (GR) | **3**<br>9:30 AM Coffee With a View (Gallery)<br>10:00 AM Salon Hours (Sweetwood Salon)<br>10:00 AM Strength Training (Gym)<br>2:00 PM Armchair Travel (Aud)<br>7:15 PM Open Game Night (GR) | **4**<br>9:30 AM Coffee With a View (Gallery)<br>10:00 AM Strength Training (Gym)<br>1:00 PM Tech Help with Janice (Sign-up in book by Salon)<br>4:00 PM Happy Hour (Aud)<br>7:15 PM Open Game Night (GR) | **5**<br>9:30 AM Coffee With a View (Gallery)<br>10:00 AM Shopping Trip (Sign-Up)<br>10:00 AM Strength Training (Gym)<br>11:15 AM "Sweet Flowers"<br>2:00 PM Resident Council Officers Meeting (PDR)<br>3:00 PM Root Beer Floats (LR)<br>7:15 PM Open Game Night (GR) | **6**<br>9:30 AM Coffee With a View (Gallery)<br>10:00 AM Parkinson's Support Fitness Class (Gym)<br>2:00 PM Pop-Up Movie (Aud)<br>4:00 PM Happy Hour (Aud)<br>5:00 PM Shabbat Candles (LR)<br>6:45 PM Trip to Berkshire Symphony (Sign-Up)<br>7:15 PM Open Game Night (GR) | **7**<br>9:30 AM Coffee With a View (Gallery)<br>10:00 AM Weekend Virtual Fitness Program (Gym)<br>2:00 PM Before Dinner Movie (Aud)<br>7:15 PM Open Game Night (GR) |
| **8**<br>*Daylight Savings Time Begins*<br>9:30 AM Coffee With a View (Gallery)<br>9:30 AM Trip to Church (Sign-Up)<br>10:00 AM Virtual Church (Aud)<br>10:00 AM Weekend Virtual Fitness Program (Gym)<br>2:00 PM After Dinner Movie (Aud)<br>7:15 PM Open Game Night (GR) | **9**<br>9:30 AM Coffee With a View (Gallery)<br>10:00 AM Strength Training (Gym)<br>10:00 AM Trip to Town (Sign-Up)<br>2:00 PM Virtual Entertainment (Aud)<br>4:00 PM Happy Hour (Aud)<br>7:15 PM Open Game Night (GR) | **10**<br>9:30 AM Coffee With a View (Gallery)<br>10:00 AM Salon Hours (Sweetwood Salon)<br>10:00 AM Strength Training (Gym)<br>2:00 PM Resident Association Meeting (Aud)<br>7:15 PM Poker (GR) | **11**<br>9:30 AM Coffee With a View (Gallery)<br>10:00 AM Strength Training (Gym)<br>11:15 AM Residents with Parkinson's Support Group (PDR)<br>1:00 PM Tech Help with Janice (Sign-up in book by Salon)<br>2:00 PM Multi-Generational- Live Entertainment (Aud)<br>4:00 PM Happy Hour (Aud)<br>7:15 PM Open Game Night (GR) | **12**<br>9:30 AM Coffee With a View (Gallery)<br>10:00 AM Shopping Trip (Sign-Up)<br>10:00 AM Strength Training (Gym)<br>11:15 AM "Sweet Flowers"<br>2:00 PM Met Opera (Aud)<br>3:00 PM Root Beer Floats (LR)<br>7:15 PM Open Game Night (GR) | **13**<br>9:30 AM Coffee With a View (Gallery)<br>10:00 AM Parkinson's Support Fitness Class (Gym)<br>1:15 PM Movie Club (Aud)<br>4:00 PM Happy Hour (Aud)<br>5:00 PM Shabbat Candles (LR)<br>7:15 PM Open Game Night (GR) | **14**<br>9:30 AM Coffee With a View (Gallery)<br>10:00 AM Weekend Virtual Fitness Program (Gym)<br>2:00 PM Before Dinner Movie (Aud)<br>7:15 PM Open Game Night (GR) |
| **15**<br>9:30 AM Coffee With a View (Gallery)<br>9:30 AM Trip to Church (Sign-Up)<br>10:00 AM Virtual Church (Aud)<br>10:00 AM Weekend Virtual Fitness Program (Gym)<br>2:00 PM After Dinner Movie (Aud)<br>7:15 PM Open Game Night (GR) | **16**<br>9:30 AM Coffee With a View (Gallery)<br>10:00 AM Strength Training (Gym)<br>10:00 AM Trip to Town (Sign-Up)<br>2:00 PM Group Sing (Aud)<br>4:00 PM Happy Hour (Aud)<br>7:15 PM Open Game Night (GR) | **17**<br>*St. Patrick's Day*<br>9:30 AM Coffee With a View (Gallery)<br>10:00 AM Salon Hours (Sweetwood Salon)<br>10:00 AM Strength Training (Gym)<br>2:00 PM Ukulele With Al Devereaux (LR)<br>7:15 PM Open Game Night (GR) | **18**<br>9:30 AM Coffee With a View (Gallery)<br>10:00 AM Strength Training (Gym)<br>11:30 AM In-Person Episcopal Church Service (PDR)<br>1:00 PM Tech Help with Janice (Sign-up in book by Salon)<br>4:00 PM Happy Hour (Aud)<br>5:30 PM Trip to LWV Dinner (Sign-Up)<br>7:15 PM Open Game Night (GR) | **19**<br>9:30 AM Coffee With a View (Gallery)<br>10:00 AM Shopping Trip (Sign-Up)<br>10:00 AM Strength Training (Gym)<br>11:15 AM "Sweet Flowers"<br>3:00 PM Root Beer Floats (LR)<br>7:15 PM Open Game Night (GR) | **20**<br>*1st Day of Spring*<br>9:30 AM Coffee With a View (Gallery)<br>10:00 AM Parkinson's Support Fitness Class (Gym)<br>2:00 PM Guiding Eyes for the Blind Puppy Raiser Meet & Greet (Aud)<br>4:00 PM Happy Hour (Aud)<br>5:00 PM Shabbat Candles (LR)<br>7:15 PM Open Game Night (GR) | **21**<br>9:30 AM Coffee With a View (Gallery)<br>10:00 AM Weekend Virtual Fitness Program (Gym)<br>2:00 PM Before Dinner Movie (Aud)<br>7:15 PM Open Game Night (GR) |
| **22**<br>9:30 AM Coffee With a View (Gallery)<br>9:30 AM Trip to Church (Sign-Up)<br>10:00 AM Virtual Church (Aud)<br>10:00 AM Weekend Virtual Fitness Program (Gym)<br>2:00 PM After Dinner Movie (Aud)<br>7:15 PM Open Game Night (GR) | **23**<br>9:30 AM Coffee With a View (Gallery)<br>10:00 AM Strength Training (Gym)<br>10:00 AM Trip to Town (Sign-Up)<br>4:00 PM Happy Hour (Aud)<br>7:15 PM Open Game Night (GR) | **24**<br>9:30 AM Coffee With a View (Gallery)<br>10:00 AM Salon Hours (Sweetwood Salon)<br>10:00 AM Strength Training (Gym)<br>2:00 PM Table Topic Talks (Aud)<br>7:15 PM Poker (GR) | **25**<br>9:30 AM Coffee With a View (Gallery)<br>10:00 AM Strength Training (Gym)<br>1:00 PM Tech Help with Janice (Sign-up in book by Salon)<br>4:00 PM Happy Hour (Aud)<br>7:15 PM Open Game Night (GR) | **26**<br>9:30 AM Coffee With a View (Gallery)<br>10:00 AM Shopping Trip (Sign-Up)<br>10:00 AM Strength Training (Gym)<br>11:15 AM "Sweet Flowers"<br>2:00 PM Book Club (PDR)<br>3:00 PM Root Beer Floats (LR)<br>7:15 PM Open Game Night (GR) | **27**<br>9:30 AM Coffee With a View (Gallery)<br>10:00 AM Parkinson's Support Fitness Class (Gym)<br>2:00 PM Audio Book Club (PDR)<br>4:00 PM Happy Hour (Aud)<br>5:00 PM Shabbat Candles (LR)<br>7:15 PM Open Game Night (GR) | **28**<br>9:30 AM Coffee With a View (Gallery)<br>10:00 AM Weekend Virtual Fitness Program (Gym)<br>2:00 PM Before Dinner Movie (Aud)<br>7:15 PM Open Game Night (GR) |
| **29**<br>*Palm Sunday*<br>9:30 AM Coffee With a View (Gallery)<br>9:30 AM Trip to Church (Sign-Up)<br>10:00 AM Virtual Church (Aud)<br>10:00 AM Weekend Virtual Fitness Program (Gym)<br>2:00 PM After Dinner Movie (Aud)<br>7:15 PM Open Game Night (GR) | **30**<br>9:30 AM Coffee With a View (Gallery)<br>10:00 AM Strength Training (Gym)<br>10:00 AM Trip to Town (Sign-Up)<br>2:00 PM Group Sing (Aud)<br>4:00 PM Happy Hour (Aud)<br>7:15 PM Open Game Night (GR) | **31**<br>9:30 AM Coffee With a View (Gallery)<br>10:00 AM Salon Hours (Sweetwood Salon)<br>10:00 AM Strength Training (Gym)<br>7:15 PM Open Game Night (GR) | **LOCATION KEY**<br>Aud - Auditorium<br>GR - Greylock Room<br>Gym - Gym<br>LR - Living Room<br>PDR - Private Dining Room<br>Sign-Up - Sign-Up with Reception<br>Gallery - The View Gallery |  SPRING FORWARD |  Happy St. Patrick's Day |  welcome spring |

**March 2026**

Activities are subject to change.

**SweetWood of Williamstown** — Independent Living Community