

SUN	MON	TUE	WED	THUR	FRI	SAT
LOCATION KEY Aud - Auditorium DR - Dining Room GR - Greylock Room Gym - Gym LR - Living Room Patio - Patio PDR - Private Dining Room Sign-Up - Sign-Up with Reception Gallery - The View Gallery	1 9:30 AM Coffee With a View (Gallery) 10:00 AM Strength Training (Gym) 10:00 AM Trip to Town (Sign-Up) 4:00 PM Happy Hour & Monthly Birthday Party (Aud) 7:15 PM Open Game Night (GR)	2 9:30 AM Coffee With a View (Gallery) 10:00 AM Salon Hours (Sweetwood Salon) 10:00 AM Strength Training (Gym) 2:00 PM Sweet Helpers Meeting (PDR) 7:15 PM Open Game Night (GR)	3 9:30 AM Coffee With a View (Gallery) 10:00 AM Strength Training (Gym) 1:00 PM Tech Help with Janice (Sign-up in book by Salon) 4:00 PM Happy Hour (Aud) 7:15 PM Open Game Night (GR)	4 9:30 AM Coffee With a View (Gallery) 10:00 AM Shopping Trip (Sign-Up) 10:00 AM Strength Training (Gym) 11:15 AM "Sweet Flowers" 2:00 PM Resident Council Officer's Meeting (PDR) 3:00 PM Root Beer Floats (LR) 7:15 PM Open Game Night (GR)	5 9:30 AM Coffee With a View (Gallery) 10:00 AM Parkinson's Support Fitness Class (Gym) 4:00 PM HolidayTree Lighting (Patio) 5:00 PM Shabbat Candles (LR) 7:15 PM Open Game Night (GR)	6 9:30 AM Coffee With a View (Gallery) 10:00 AM Weekend Virtual Fitness Program (Gym) 2:00 PM Before Dinner Movie (Aud) 7:15 PM Open Game Night (GR)
7 9:30 AM Coffee With a View (Gallery) 9:30 AM Trip to Church (Sign-Up) 10:00 AM Virtual Church (Aud) 10:00 AM Weekend Virtual Fitness Program (Gym) 2:00 PM After Dinner Movie (Aud) 4:00 PM Resident Run Happy Hour (LR) 7:15 PM Open Game Night (GR)	8 9:30 AM Coffee With a View (Gallery) 10:00 AM Strength Training (Gym) 10:00 AM Trip to Town (Sign-Up) 2:00 PM Multi-Generational- Live Entertainment (Aud) 4:00 PM Happy Hour (Aud) 7:15 PM Open Game Night (GR)	9 9:30 AM Coffee With a View (Gallery) 10:00 AM Salon Hours (Sweetwood Salon) 10:00 AM Strength Training (Gym) 2:00 PM Resident Association Meeting (Aud) 7:15 PM Poker (GR)	10 9:30 AM Coffee With a View (Gallery) 10:00 AM Strength Training (Gym) 11:15 AM Residents with Parkinson's Support Group (PDR) 1:00 PM Tech Help with Janice (Sign-up in book by Salon) 2:00 PM Virtual Pre-Recorded Author Talk (Aud) 4:00 PM Happy Hour (Aud) 7:15 PM Open Game Night (GR)	11 9:30 AM Coffee With a View (Gallery) 10:00 AM Shopping Trip (Sign-Up) 10:00 AM Strength Training (Gym) 11:15 AM "Sweet Flowers" 3:00 PM Root Beer Floats (LR) 7:15 PM Open Game Night (GR)	12 9:30 AM Coffee With a View (Gallery) 10:00 AM Parkinson's Support Fitness Class (Gym) 1:15 PM Movie Club (Aud) 4:00 PM Happy Hour (Aud) 5:00 PM Shabbat Candles (LR) 7:15 PM Open Game Night (GR)	13 9:30 AM Coffee With a View (Gallery) 10:00 AM Weekend Virtual Fitness Program (Gym) 2:00 PM Before Dinner Movie (Aud) 6:45 PM Trip to Northern Berkshire Chorale (Sign-Up) 7:15 PM Open Game Night (GR)
Chanukah 14 9:30 AM Coffee With a View (Gallery) 9:30 AM Trip to Church (Sign-Up) 10:00 AM Virtual Church (Aud) 10:00 AM Weekend Virtual Fitness Program (Gym) 2:00 PM Multi-Generational- Live Entertainment (Aud) 4:00 PM Resident Run Happy Hour (LR) 7:15 PM Open Game Night (GR)	Chanukah Holiday Games Week 15 9:30 AM Coffee With a View (Gallery) 10:00 AM Strength Training (Gym) 10:00 AM Trip to Town (Sign-Up) 2:00 PM Group Sing (Aud) 4:00 PM Happy Hour (Aud) 7:15 PM Open Game Night (GR)	Chanukah Holiday Games Week 16 9:30 AM Coffee With a View (Gallery) 10:00 AM Salon Hours (Sweetwood Salon) 10:00 AM Strength Training (Gym) 2:00 PM Pop-Up Movie (Aud) 7:15 PM Open Game Night (GR)	Chanukah Holiday Games Week 17 9:30 AM Coffee With a View (Gallery) 10:00 AM Strength Training (Gym) 11:30 AM In-Person Episcopal Church Service (PDR) 1:30 PM Multi-Generational (Gallery) 4:00 PM Happy Hour (Aud) 7:15 PM Open Game Night (GR)	Chanukah Holiday Games Week 18 9:30 AM Coffee With a View (Gallery) 10:00 AM Shopping Trip (Sign-Up) 10:00 AM Strength Training (Gym) 11:00 AM Memory Cafe (Aud) 11:15 AM "Sweet Flowers" 2:00 PM Book Club (GR) 3:00 PM Root Beer Floats (LR) 7:15 PM Open Game Night (GR)	Chanukah Holiday Games Week Staff Holiday Party 19 9:30 AM Coffee With a View (Gallery) 10:00 AM Parkinson's Support Fitness Class (Gym) 5:00 PM Shabbat Candles (LR) 7:15 PM Open Game Night (GR)	Chanukah 20 9:30 AM Coffee With a View (Gallery) 10:00 AM Weekend Virtual Fitness Program (Gym) 2:00 PM Before Dinner Movie (Aud) 7:15 PM Open Game Night (GR)
Chanukah 21 9:30 AM Coffee With a View (Gallery) 9:30 AM Trip to Church (Sign-Up) 10:00 AM Virtual Church (Aud) 10:00 AM Weekend Virtual Fitness Program (Gym) 2:00 PM After Dinner Movie (Aud) 4:00 PM Resident Run Happy Hour (LR) 7:15 PM Open Game Night (GR)	Chanukah 22 9:30 AM Coffee With a View (Gallery) 10:00 AM Strength Training (Gym) 10:00 AM Trip to Town (Sign-Up) 2:00 PM Group Sing (Aud) 4:00 PM Happy Hour (Aud) 7:15 PM Open Game Night (GR)	23 9:30 AM Coffee With a View (Gallery) 10:00 AM Salon Hours (Sweetwood Salon) 10:00 AM Strength Training (Gym) 2:00 PM Met Opera (Aud) 7:15 PM Poker (GR)	Christmas Eve 24 9:30 AM Coffee With a View (Gallery) 10:00 AM Strength Training (Gym) 1:00 PM Tech Help with Janice (Sign-up in book by Salon) 2:00 PM Virtual Music Concert (Aud) 4:00 PM Happy Hour (Aud) 7:15 PM Open Game Night (GR)	Christmas Day 25 9:30 AM Coffee With a View (Gallery) 10:00 AM Shopping Trip (Sign-Up) 10:00 AM Strength Training (Gym) 11:15 AM "Sweet Flowers" 12:00 PM Christmas Dinner (DR) 7:15 PM Open Game Night (GR)	26 9:30 AM Coffee With a View (Gallery) 10:00 AM Parkinson's Support Fitness Class (Gym) 4:00 PM Happy Hour (Aud) 5:00 PM Shabbat Candles (LR) 7:15 PM Open Game Night (GR)	27 9:30 AM Coffee With a View (Gallery) 10:00 AM Weekend Virtual Fitness Program (Gym) 2:00 PM Before Dinner Movie (Aud) 7:15 PM Open Game Night (GR)
28 9:30 AM Coffee With a View (Gallery) 9:30 AM Trip to Church (Sign-Up) 10:00 AM Virtual Church (Aud) 10:00 AM Weekend Virtual Fitness Program (Gym) 2:00 PM After Dinner Movie (Aud) 4:00 PM Resident Run Happy Hour (LR) 7:15 PM Open Game Night (GR)	29 9:30 AM Coffee With a View (Gallery) 10:00 AM Strength Training (Gym) 10:00 AM Trip to Town (Sign-Up) 4:00 PM Happy Hour (Aud) 7:15 PM Open Game Night (GR)	30 9:30 AM Coffee With a View (Gallery) 10:00 AM Salon Hours (Sweetwood Salon) 10:00 AM Strength Training (Gym) 2:00 PM Live Entertainment (Aud) 7:15 PM Open Game Night (GR)	New Year's Eve 31 9:30 AM Coffee With a View (Gallery) 10:00 AM Strength Training (Gym) 1:00 PM Tech Help with Janice (Sign-up in book by Salon) 4:00 PM Happy Hour (Aud) 5:15 PM New Year's Eve Dinner Party (Aud) 7:15 PM Open Game Night (GR)			

December 2025
 Activities are subject to change.

SWEETWOOD
 OF WILLIAMSTOWN
 INDEPENDENT LIVING COMMUNITY