



SUN	MON	TUE	WED	THUR	FRI	SAT
		9:30 AM Coffee With a View (Gallery) 10:00 AM Salon Hours (Sweetwood Salon) 10:00 AM Strength Training (Gym) 2:00 PM Sweet Helpers (PDR) 7:15 PM Poker (GR)	9:30 AM Coffee With a View (Gallery) 10:00 AM Strength Training (Gym) 1:00 PM Tech Help with Janice (Sign-up in book by Salon) 4:00 PM Happy Hour & Monthly Birthday Celebration (Aud) 7:15 PM Open Game Night (GR)	9:30 AM Coffee With a View (Gallery) 10:00 AM Shopping Trip (Sign-Up) 10:00 AM Strength Training (Gym) 11:15 AM "Sweet Flowers" 3:00 PM Root Beer Floats (LR) 7:15 PM Open Game Night (GR)	Independence Day 9:30 AM Coffee With a View (Gallery) 12:00 PM July 4th BBQ (Patio) 5:00 PM Shabbat Candles (LR) 7:15 PM Open Game Night (GR)	9:30 AM Coffee With a View (Gallery) 10:00 AM Weekend Virtual Fitness Program (Gym) 3:00 PM Before Dinner Movie (Aud) 7:15 PM Open Game Night (GR)
9:30 AM Coffee With a View (Gallery) 9:30 AM Trip to Church (Sign-Up) 10:00 AM Virtual Church (Aud) 10:00 AM Weekend Virtual Fitness Program (Gym) 3:00 PM After Dinner Movie (Aud) 4:00 PM Resident Run Happy Hour (LR) 7:15 PM Open Game Night (GR)	9:30 AM Coffee With a View (Gallery) 10:00 AM Strength Training (Gym) 10:00 AM Trip to Town (Sign-Up) 12:00 PM St. John's Summer Noontime Concerts (Aud) 2:00 PM Armchair Travel (Aud) 4:00 PM Happy Hour (Aud) 7:15 PM Open Game Night (GR)	9:30 AM Coffee With a View (Gallery) 10:00 AM Salon Hours (Sweetwood Salon) 10:00 AM Strength Training (Gym) 2:00 PM Met Opera (Aud) 7:15 PM Open Game Night (GR)	9:30 AM Coffee With a View (Gallery) 10:00 AM Strength Training (Gym) 11:15 AM Residents with Parkinson's Support Group (PDR) 2:00 PM Afternoon At the Ballet-Virtual (Aud) 4:00 PM Happy Hour (Aud) 7:15 PM Open Game Night (GR)	9:30 AM Coffee With a View (Gallery) 10:00 AM Shopping Trip (Sign-Up) 10:00 AM Strength Training (Gym) 11:15 AM "Sweet Flowers" 3:00 PM Resident Council Officer's Meeting (PDR) 3:00 PM Root Beer Floats (LR) 7:15 PM Open Game Night (GR)	9:30 AM Coffee With a View (Gallery) 10:00 AM Parkinson's Support Fitness Class (Gym) 10:30 AM Trip to Sand Springs Open Swim (Sign-Up) 2:00 PM Lifelong Learning-Virtual (Aud) 4:00 PM Happy Hour (Aud) 5:00 PM Shabbat Candles (LR) 7:15 PM Open Game Night (GR)	9:30 AM Coffee With a View (Gallery) 10:00 AM Weekend Virtual Fitness Program (Gym) 3:00 PM Before Dinner Movie (Aud) 7:15 PM Open Game Night (GR)
12:30 AM Trip to Tanglewood (Sign-Up) 9:30 AM Coffee With a View (Gallery) 9:30 AM Trip to Church (Sign-Up) 10:00 AM Virtual Church (Aud) 10:00 AM Weekend Virtual Fitness Program (Gym) 12:30 PM Trip to Tanglewood (Sign-Up) 3:00 PM After Dinner Movie (Aud) 4:00 PM Resident Run Happy Hour (LR) 7:15 PM Open Game Night (GR)	9:30 AM Coffee With a View (Gallery) 10:00 AM Strength Training (Gym) 10:00 AM Trip to Town (Sign-Up) 12:00 PM St. John's Summer Noontime Concerts (Aud) 2:00 PM Group Sing (Aud) 4:00 PM Happy Hour (Aud) 7:15 PM Open Game Night (GR)	9:30 AM Coffee With a View (Gallery) 10:00 AM Salon Hours (Sweetwood Salon) 10:00 AM Strength Training (Gym) 3:00 PM Resident Association Meeting (Aud) 7:15 PM Poker (GR)	9:30 AM Coffee With a View (Gallery) 10:00 AM Strength Training (Gym) 11:30 AM In-Person Episcopal Church Service (PDR) 1:00 PM Tech Help with Janice (Sign-up in book by Salon) 4:00 PM Happy Hour (Aud) 7:15 PM Open Game Night (GR)	9:30 AM Coffee With a View (Gallery) 10:00 AM Shopping Trip (Sign-Up) 10:00 AM Strength Training (Gym) 11:00 AM Memory Cafe (Aud) 11:15 AM "Sweet Flowers" 3:00 PM Root Beer Floats (LR) 7:15 PM Open Game Night (GR)	9:30 AM Coffee With a View (Gallery) 10:00 AM Parkinson's Support Fitness Class (Gym) 10:30 AM Trip to Sand Springs Open Swim (Sign-Up) 4:00 PM Happy Hour (Aud) 4:00 PM Solo Art Show Opening (Gallery) 5:00 PM Shabbat Candles (LR) 7:15 PM Open Game Night (GR)	9:30 AM Coffee With a View (Gallery) 10:00 AM Weekend Virtual Fitness Program (Gym) 3:00 PM Before Dinner Movie (Aud) 7:15 PM Open Game Night (GR)
12:30 AM Trip to Tanglewood (Sign-Up) 9:30 AM Coffee With a View (Gallery) 9:30 AM Trip to Church (Sign-Up) 10:00 AM Virtual Church (Aud) 10:00 AM Weekend Virtual Fitness Program (Gym) 12:30 PM Trip to Tanglewood (Sign-Up) 3:00 PM After Dinner Movie (Aud) 4:00 PM Resident Run Happy Hour (LR) 7:15 PM Open Game Night (GR)	9:30 AM Coffee With a View (Gallery) 10:00 AM Strength Training (Gym) 10:00 AM Trip to Town (Sign-Up) 12:00 PM St. John's Summer Noontime Concerts (Aud) 4:00 PM Happy Hour (Aud) 7:15 PM Open Game Night (GR) 8:00 PM Images Under the Stars (Outside)	9:30 AM Coffee With a View (Gallery) 10:00 AM Salon Hours (Sweetwood Salon) 10:00 AM Strength Training (Gym) 2:00 PM Live Entertainment (LR) 7:15 PM Open Game Night (GR)	9:30 AM Coffee With a View (Gallery) 10:00 AM Strength Training (Gym) 1:00 PM Tech Help with Janice (Sign-up in book by Salon) 4:00 PM Happy Hour (Aud) 7:15 PM Open Game Night (GR)	9:30 AM Coffee With a View (Gallery) 10:00 AM Shopping Trip (Sign-Up) 10:00 AM Strength Training (Gym) 11:15 AM "Sweet Flowers" 2:00 PM Pop-Up Movie (Aud) 3:00 PM Root Beer Floats (LR) 7:15 PM Open Game Night (GR)	9:30 AM Coffee With a View (Gallery) 10:00 AM Parkinson's Support Fitness Class (Gym) 10:30 AM Trip to Sand Springs Open Swim (Sign-Up) 1:15 PM Movie Club (Aud) 4:00 PM Happy Hour (Aud) 5:00 PM Shabbat Candles (LR) 7:15 PM Open Game Night (GR)	9:30 AM Coffee With a View (Gallery) 10:00 AM Weekend Virtual Fitness Program (Gym) 3:00 PM Before Dinner Movie (Aud) 7:15 PM Open Game Night (GR)
12:30 AM Trip to Tanglewood (Sign-Up) 9:30 AM Coffee With a View (Gallery) 9:30 AM Trip to Church (Sign-Up) 10:00 AM Virtual Church (Aud) 10:00 AM Weekend Virtual Fitness Program (Gym) 12:30 PM Trip to Tanglewood (Sign-Up) 3:00 PM After Dinner Movie (Aud) 4:00 PM Resident Run Happy Hour (LR) 7:15 PM Open Game Night (GR)	9:30 AM Coffee With a View (Gallery) 10:00 AM Strength Training (Gym) 10:00 AM Trip to Town (Sign-Up) 12:00 PM St. John's Summer Noontime Concerts (Aud) 2:00 PM Group Sing (Aud) 4:00 PM Happy Hour (Aud) 7:15 PM Open Game Night (GR)	9:30 AM Coffee With a View (Gallery) 10:00 AM Salon Hours (Sweetwood Salon) 10:00 AM Strength Training (Gym) 2:00 PM Live Entertainment (LR) 7:15 PM Open Game Night (GR)	9:30 AM Coffee With a View (Gallery) 10:00 AM Strength Training (Gym) 1:00 PM Tech Help with Janice (Sign-up in book by Salon) 4:00 PM Happy Hour (Aud) 7:15 PM Open Game Night (GR)	9:30 AM Coffee With a View (Gallery) 10:00 AM Shopping Trip (Sign-Up) 10:00 AM Strength Training (Gym) 11:15 AM "Sweet Flowers" 2:00 PM Book Club (GR) 3:00 PM Root Beer Floats (LR) 7:15 PM Open Game Night (GR)		LOCATION KEY Aud - Auditorium GR - Greylock Room Gym - Gym LR - Living Room Patio - Patio PDR - Private Dining Room Sign-Up - Sign-Up with Reception Gallery - The View Gallery

July 2025

Activities are subject to change.

SWEETWOOD
 OF WILLIAMSTOWN
 INDEPENDENT LIVING COMMUNITY