



SUN	MON	TUE	WED	THUR	FRI	SAT
LOCATION KEY Aud - Auditorium DR - Dining Room GR - Greylock Room Gym - Gym LR - Living Room PDR - Private Dining Room Sign-Up - Sign-Up with Reception Gallery - The View Gallery				9:30 AM Coffee With a View (Gallery) 10:00 AM Strength Training (Gym) 11:15 AM "Sweet Flowers" 3:00 PM Resident Council Officer's Meeting (PDR) 3:00 PM Root Beer Floats (LR) 7:15 PM Open Game Night (GR)	9:30 AM Coffee With a View (Gallery) 10:00 AM Parkinson's Support Fitness Class (Gym) 10:00 AM Shopping Trip (Sign-Up) 2:00 PM Sweet Helpers Meeting (PDR) 4:00 PM Happy Hour & Monthly Birthday Party (Aud) 5:00 PM Shabbat Candles (LR) 7:15 PM Open Game Night (GR)	9:30 AM Coffee With a View (Gallery) 10:00 AM Weekend Virtual Fitness Program (Gym) 3:00 PM Before Dinner Movie (Aud) 7:15 PM Open Game Night (GR)
9:30 AM Coffee With a View (Gallery) 9:30 AM Trip to Church (Sign-Up) 10:00 AM Virtual Church (Aud) 10:00 AM Weekend Virtual Fitness Program (Gym) 11:00 AM Multi-Generational (GR) 4:00 PM Resident Run Happy Hour (LR) 5:00 PM Multi-Generational (Gallery) 7:15 PM Open Game Night (GR)	9:30 AM Coffee With a View (Gallery) 10:00 AM Strength Training (Gym) 10:00 AM Trip to Town (Sign-Up) 2:00 PM Multi-Generational (PDR) 4:00 PM Happy Hour (Aud) 7:15 PM Open Game Night (GR)	9:30 AM Coffee With a View (Gallery) 10:00 AM Salon Hours (Sweetwood Salon) 10:00 AM Strength Training (Gym) 3:00 PM Resident Association Meeting (Aud) 7:15 PM Open Game Night (GR) 7:15 PM Poker (GR)	9:30 AM Coffee With a View (Gallery) 10:00 AM Strength Training (Gym) 1:00 PM Tech Help with Janice (Sign-up in book by Salon) 4:00 PM Happy Hour (Aud) 7:15 PM Open Game Night (GR)	9:30 AM Coffee With a View (Gallery) 10:00 AM Strength Training (Gym) 11:15 AM "Sweet Flowers" 3:00 PM Root Beer Floats (LR) 6:30 PM Trip to Mt. Greylock HS (Sign-Up) 7:15 PM Open Game Night (GR)	9:30 AM Coffee With a View (Gallery) 10:00 AM Parkinson's Support Fitness Class (Gym) 10:00 AM Shopping Trip (Sign-Up) 2:00 PM Met Opera (Aud) 4:00 PM Happy Hour (Aud) 5:00 PM Shabbat Candles (LR) 7:15 PM Open Game Night (GR)	9:30 AM Coffee With a View (Gallery) 10:00 AM Weekend Virtual Fitness Program (Gym) 3:00 PM Before Dinner Movie (Aud) 7:15 PM Open Game Night (GR)
Mother's Day 9:30 AM Coffee With a View (Gallery) 9:30 AM Trip to Church (Sign-Up) 10:00 AM Virtual Church (Aud) 10:00 AM Weekend Virtual Fitness Program (Gym) 12:00 PM Mother's Day Dinner (DR) 4:00 PM Resident Run Happy Hour (LR) 7:15 PM Open Game Night (GR)	9:30 AM Coffee With a View (Gallery) 10:00 AM Strength Training (Gym) 10:00 AM Trip to Town (Sign-Up) 2:00 PM Group Sing (Aud) 4:00 PM Happy Hour (Aud) 7:15 PM Open Game Night (GR)	9:30 AM Coffee With a View (Gallery) 10:00 AM Salon Hours (Sweetwood Salon) 10:00 AM Strength Training (Gym) 2:00 PM Multi-Generational (Aud) 7:15 PM Open Game Night (GR)	9:30 AM Coffee With a View (Gallery) 10:00 AM Strength Training (Gym) 11:15 AM Residents with Parkinson's Support Group (PDR) 1:00 PM Tech Help with Janice (Sign-up in book by Salon) 4:00 PM Happy Hour (Aud) 7:15 PM Open Game Night (GR)	9:30 AM Coffee With a View (Gallery) 10:00 AM Strength Training (Gym) 11:15 AM "Sweet Flowers" 1:30 PM Multi-Generational (Aud) 3:00 PM Root Beer Floats (LR) 7:15 PM Open Game Night (GR)	9:30 AM Coffee With a View (Gallery) 10:00 AM Parkinson's Support Fitness Class (Gym) 10:00 AM Shopping Trip (Sign-Up) 1:15 PM Movie Club (Aud) 4:00 PM Happy Hour (Aud) 5:00 PM Shabbat Candles (LR) 7:15 PM Open Game Night (GR)	9:30 AM Coffee With a View (Gallery) 10:00 AM Weekend Virtual Fitness Program (Gym) 3:00 PM Before Dinner Movie (Aud) 7:15 PM Open Game Night (GR)
9:30 AM Coffee With a View (Gallery) 9:30 AM Trip to Church (Sign-Up) 10:00 AM Virtual Church (Aud) 10:00 AM Weekend Virtual Fitness Program (Gym) 3:00 PM After Dinner Movie (Aud) 4:00 PM Resident Run Happy Hour (LR) 7:15 PM Open Game Night (GR)	9:30 AM Coffee With a View (Gallery) 10:00 AM Strength Training (Gym) 10:00 AM Trip to Town (Sign-Up) 2:00 PM Group Sing (Aud) 4:00 PM Happy Hour (Aud) 7:00 PM Multi-Generational (Aud) 7:15 PM Open Game Night (GR)	9:30 AM Coffee With a View (Gallery) 10:00 AM Salon Hours (Sweetwood Salon) 10:00 AM Strength Training (Gym) 1:30 PM Trip to Milne Public Library (Sign-Up) 2:00 PM Ukulele With Al Deveraux (LR) 7:15 PM Poker (GR)	9:30 AM Coffee With a View (Gallery) 10:00 AM Strength Training (Gym) 11:30 AM In-Person Episcopal Church Service (PDR) 1:00 PM Tech Help with Janice (Sign-up in book by Salon) 4:00 PM Happy Hour (Aud) 7:15 PM Open Game Night (GR)	9:30 AM Coffee With a View (Gallery) 10:00 AM Strength Training (Gym) 11:15 AM "Sweet Flowers" 1:30 PM Multi-Generational (Aud) 3:00 PM Root Beer Floats (LR) 6:30 PM Trip to Town Meeting (Sign-Up) 7:15 PM Open Game Night (GR)	9:30 AM Coffee With a View (Gallery) 10:00 AM Parkinson's Support Fitness Class (Gym) 10:00 AM Shopping Trip (Sign-Up) 2:00 PM Armchair Travel (Aud) 4:00 PM Happy Hour (Aud) 5:00 PM Shabbat Candles (LR) 7:15 PM Open Game Night (GR)	9:30 AM Coffee With a View (Gallery) 10:00 AM Weekend Virtual Fitness Program (Gym) 3:00 PM Before Dinner Movie (Aud) 7:15 PM Open Game Night (GR)
9:30 AM Coffee With a View (Gallery) 9:30 AM Trip to Church (Sign-Up) 10:00 AM Virtual Church (Aud) 10:00 AM Weekend Virtual Fitness Program (Gym) 3:00 PM After Dinner Movie (Aud) 4:00 PM Resident Run Happy Hour (LR) 7:15 PM Open Game Night (GR)	Memorial Day 9:30 AM Coffee With a View (Gallery) 10:00 AM Strength Training (Gym) 10:00 AM Trip to Town (Sign-Up) 2:00 PM Pop-Up Movie (Aud) 7:15 PM Open Game Night (GR)	9:30 AM Coffee With a View (Gallery) 10:00 AM Salon Hours (Sweetwood Salon) 10:00 AM Strength Training (Gym) 2:00 PM "Sweet Buds" Club (GR) 7:15 PM Open Game Night (GR)	9:30 AM Coffee With a View (Gallery) 10:00 AM Strength Training (Gym) 1:00 PM Tech Help with Janice (Sign-up in book by Salon) 2:00 PM In-Person Workshop (Aud) 4:00 PM Happy Hour (Aud) 7:15 PM Open Game Night (GR)	9:30 AM Coffee With a View (Gallery) 10:00 AM Strength Training (Gym) 11:15 AM "Sweet Flowers" 2:00 PM Book Club (GR) 3:00 PM Root Beer Floats (LR) 7:15 PM Open Game Night (GR)	9:30 AM Coffee With a View (Gallery) 10:00 AM Parkinson's Support Fitness Class (Gym) 10:00 AM Shopping Trip (Sign-Up) 1:15 PM Pop-Up Movie (Aud) 4:00 PM Happy Hour (Aud) 5:00 PM Shabbat Candles (LR) 7:15 PM Open Game Night (GR)	9:30 AM Coffee With a View (Gallery) 10:00 AM Weekend Virtual Fitness Program (Gym) 3:00 PM Before Dinner Movie (Aud) 7:15 PM Open Game Night (GR)

May 2025

Activities are subject to change.

SWEETWOOD
 OF WILLIAMSTOWN
 INDEPENDENT LIVING COMMUNITY

